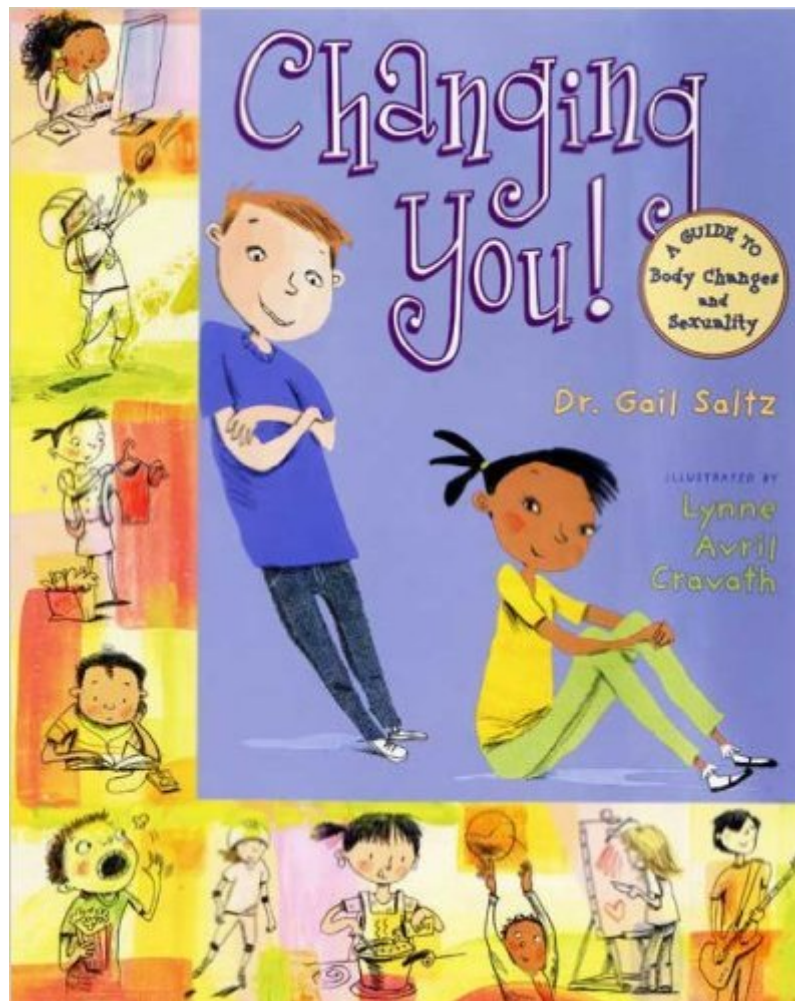


The book was found

# Changing You: A Guide To Body Changes And Sexuality



## Synopsis

Puberty can be an exciting and confusing time for children. In her follow-up to her bestselling *Amazing You!*, Dr. Gail Saltz navigates curious youngsters through body changes for boys and girls, reproduction, and emerging sexuality with her renowned brand of warmth and candor. Lynne Cravath's lively illustrations provide just enough detail while underscoring the direct and honest tone of the text. This refreshingly accessible picture book also includes an author's note to parents.

## Book Information

Hardcover: 48 pages

Publisher: Dutton Books for Young Readers (August 2, 2007)

Language: English

ISBN-10: 0525478175

ISBN-13: 978-0525478171

Product Dimensions: 10.9 x 8.9 x 0.4 inches

Shipping Weight: 12 ounces

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (24 customer reviews)

Best Sellers Rank: #1,515,750 in Books (See Top 100 in Books) #93 in [Books > Children's Books > Growing Up & Facts of Life > Health > Sexuality](#) #108 in [Books > Children's Books > Growing Up & Facts of Life > Health > Maturing](#) #846 in [Books > Children's Books > Education & Reference > Science Studies > Biology](#)

Age Range: 6 - 8 years

Grade Level: 1 - 3

## Customer Reviews

After reading several of the choices... I loved this one. It is very factual and more scientific in nature. It did not have opinions interjected as other books do. It is my job to give the opinions and cultural practices and I appreciated the plain facts in this one. Cute pictures too!

I bought this book for my 9 1/2 year old daughter. I was very surprised to discover that the note for parents page is the 1st page of the book, and the reverse of that page is the first page you would want your child to see. The publishers should have printed the note for parents on a page by itself, preferably perforated, so it could easily be removed from the book if a parent so chose. I thought about trying to black it out with marker, but I'm afraid it will bleed through the page, and ruin what

should actually be the 1st page of the story. As of now, I am undecided about giving her the book. It would also have been better if they had included the pronunciation of the terms for body parts, etc. The words and drawings are detailed and specific. Be aware that in addition to separate drawings of the inside and outside of the reproductive organs of male and female, there is also a drawing of the outside and inside view of intercourse. My daughter's fourth grade science book uses similar drawings and the terms sex, sexual reproduction, ovaries, egg, fertilization by the male, etc., in lessons on flower pollination and reproduction. So, I feel that this book would be a comfortable way for her to get answers to her questions about how this all works in humans, how children get certain characteristics from both mother and father, what tampons are for, etc. I strongly agree with the author that you should follow up with an offer to answer any questions they have and a discussion about your values and beliefs regarding sex, marriage,

This book was perfect for my just turned 10 year old daughter. She had been asking many, many questions lately about men and women. I didn't want to put off 'the talk' any longer, but she is very inquisitive and learns better by reading and seeing illustrations. So I ordered this book. It is very simple. It only contains a few pages which covers puberty in boys and girls and sex between a man and a woman. The book discusses only the facts using the correct health terms, there is no slang or inappropriate language. There are cartoon drawings (which are actually kind of funny) showing naked boys and girls, nothing shocking. There is also one picture, a cartoon drawing, of a penis inserted into a vagina, but again I didn't think it was too shocking. Overall, my daughter didn't feel embarrassed and she didn't seem to have any more questions at the end of the talk. For me, this was just the start to a long journey of keeping her informed and educated, and I feel it was just the right way to start.

I really like this book, as a mom when the time comes when my children start asking questions I want to have something that I can show as well as answering their questions. I find this book very informative without being offensive. As a 1st time for a kid the answers have to be natural and in a level that they can understand and this book is that.

I bought this for my mentally challenged grandson who does not get sex education at school and had many questions regarding what was happening to him at age 13. It is geared for a younger child, but was perfect for him too!

When my children, ages 5 and 8, first asked, "How do the babies get into your belly?" I knew I needed a book that would help me explain. So I went to the library and got this book, which was brilliant. It's illustrated in a way that isn't scary or upsetting, and is written for a younger child to comprehend. I finally had to buy this book because my kids would ask more and more questions, all of which were answered in this book. I highly recommend it because it also tells children to never let another child or adult touch your privates without your permission.

We live in a time when children grow up so fast. They are eager for information. Changing You is a Superior guide when your sons or daughters begin asking "those" questions. I taught Biology for 27 years and the need for books such as "Changing You..." is paramount. If you have an 8 or 9 year old this book is a MUST for you. You already have "Amazing You..."? then add this book for your child. I can't recommend "Changing You..." enough.

I went over this book with my daughter when I gave it to her. I had also read the whole thing prior to giving it to her. It gives all the necessary information in an organized way. The cartoon illustrations are pretty hysterical, and I think the cartoonish pictures help to make the book seem a little less serious and intimidating to kids. At the same time, they impart the necessary information. In all, I think it's a good resource.

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